



Class Schedule

Effective November 1, 2018

(Schedule is subject to change)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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FIT KID (3 – 4 y/o)

3:45-4:30	3:45-4:30	3:45-4:30	3:45-4:30	3:45-4:30	
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BASIC COURSE (KIDS 4 – 5 y/o)

4:30 – 5:15	5:30 – 6:15	4:30 – 5:15	5:30 – 6:15	4:30 – 5:15	10:00 – 10:45
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BASIC COURSE (KIDS 6 – 12 y/o)

4:30 – 5:15	5:30 – 6:15	4:30 – 5:15	5:30 – 6:15	4:30 – 5:15	10:00 – 10:45
6:15 – 7:15	6:15 – 7:15	7:15 – 8:15	6:15 – 7:15	7:15 – 8:15	12:45 – 1:45

BLACK BELT CLUB (KIDS 6 – 12 y/o)

5:15 – 6:15	4:30 – 5:30	5:15 – 6:15	4:30 – 5:30	5:15 – 6:15	10:45 – 11:45
7:15 – 8:15	7:15 – 8:15	6:15 – 7:15	7:15 – 8:15	6:15 – 7:15	11:45 – 12:45

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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BASIC COURSE (TEENS, ADULTS)

6:15 – 7:15	6:15 – 7:15	7:15 – 8:15	6:15 – 7:15	7:15 – 8:15	12:45 – 1:45
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BLACK BELT CLUB (TEENS, ADULTS)

7:15 – 8:15	7:15 – 8:15	6:15 – 7:15	7:15 – 8:15	6:15 – 7:15	11:45 – 12:45
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BASIC COURSE/BLACK BELT CLUB (TEENS, ADULTS)

8:15 – 9:15	8:15 – 9:15	8:15 – 9:15	8:15 – 9:15		
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DAYTIME CLASS

	11:30 – 12:30		11:30 – 12:30		
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